Do you help someone with Medicare?

Do you:

- Drive to doctor's appointments
- Go to the grocery and drugstore
- Help manage daily health needs
- Use Medicare resources

If you say "Yes," you're a caregiver. And Medicare now has an online information source especially for you. *Ask Medicare* (medicare.gov/caregivers) helps you address many healthcare issues and concerns.

ask Medicare

Information to Help You Care for Others

Visit medicare.gov/caregivers

Because the more you know, the more you can help.